



10. International Shotokan Cup Austria 2010 2. Austrian Shotokan Championship 2010

Place: Attergauhalle, Dr. Greil Straße 2 (school centre);
4880 St. Georgen im Attergau/Upper Austria

Travel: motorway A1 from Vienna to Salzburg; leaving motorway at St. Georgen im Attergau

Time: **Saturday, April 24th 2010**, registration: 8.00 a.m.; start: 9.00 a.m.

Drawing: until Thursday April 22th 2010; online: www.sportdata.org

Categories:

General Class

Kumite individual men (-70 kg, -80 kg, +80kg)

Kumite individual women (-60kg, +60kg)

Kumite team men (3 men)

Kumite team women (3 women)

Kumite individual men open (Shobu Ippon – ESKA Reglement)

Kumite individual women open (Shobu Ippon – ESKA Reglement)

Kata individual men (A+B)

Kata individual women (A+B)

Kata Team men

Kata Team women

Age Class

U 10: Kata individual (male, female) Kata team (mixed);

U 12: Kata individual (male, female) Kata team (mixed);

U 14: Kata individual (male, female) Kata team (mixed);
Kumite individual (male, female) –155cm/+155cm

U 16: Kata individual (male, female) Kata team (mixed);
Kumite individual (male –57kg/-63kg/63kg female –54kg/+54kg)

U 18: Kata individual (male, female) Kata team (mixed);
Kumite individual (male –61kg/-68kg/+68kg, female –57kg/+57kg)

U 21: Kata individual (male, female) Kata team (mixed);
Kumite individual (male –70kg/+70kg, female –60kg/+60kg)

+35: Kata individual (male, female) Kata team (mixed);

Limits of graduation:

Kata individual A, general class: from 3rd Kyu

Kata individual B, general class: until 4th Kyu

Beyond it there are no limits in grade in the KATA competitions,
but the KATA according to the rules (s.b.) must be known.

Kumite U14, U 16, U 18: 6th Kyu

Kumite U 21, general class: 3rd Kyu

Age limits:

Deadline for the forming part of age groups is April 24th 2010.

Minimum age general class (A+B) Kata : **16 years**

Participants of the classes U 18 and U 21 can also take part in this category.

Minimum age general class Kumite: **18 years**

Participants of the classes U 21 can also take part in this category.

Minimum age class Kata +35: **35 years.**

In the team competitions it is possible to take part in another age class;
The oldest participant of the team has to decide the forming part of the group.
Every man/woman is allowed to start in only one team.

Kata rules:

According to ESKA Competition Rules 2007 with adaptation

Individual competitions:

As a matter of principle the “**Flag-System**” (2 participants side by side) is given. The main-referee decides the Kata being shown.

From 8 starters awarding of points (the participant can to choose from the Katalist).
4 starters to come up the finale. In finale Kata of free choice.

In the elimination rounds there are the following Kata:

U 10, U 12, U 14, general class B: Taikyoku 1, Heian 1-3

U 16, U 18, U 21, U 100, general class A - **ESKA-Reglement**

till 16 starters: Heian 2-5, Tekki 1

from 16 to 8 starters Jion, Kanku Dai, Bassai Dai, Empi

till 8 starters arbitrary from Jion, Kanku Dai, Bassai Dai, Empi, Hangetsu

Final (4 participants): awarding of points with Kata of free choice .

Team competitions:

Awarding of points is used and with 4 teams and more a preliminary round is necessary. In every round another Kata is necessary.

Kumite rules:

WKF-rules (until U16 without 10 second rule)

WKF Protective equipment obligatory!

Red and blue gloves, chest protector, foot- and cnemialprotectors, and gumschields.

Face-mask und body-protector obligatory!

Kumite rules - Shobu Ippon : ESKA-Competition Rules 2007

ESKA Protective equipment obligatory!

White gloves (1cm thick), gumschields, cup for men and chest protector for women obligatory. Belt Shiro (with) and Aka (red)

Foot- and cnemialprotectors are not allowed.

General rules: Every Austrian participant must show a valid ÖKB licence with actual year sign. Foreign participants must have a valid licence issued by their home-association.

The organizer decides on combining competitions after having entries.

Entries: by **April 16th 2010** – online: www.sportdata.org
or sent with entry-list to: <mailto:office@karate-attergau.com>

Entry-price online: 15 € for individuals; and 25 € for a team.

Entry-price with list: 17 € for individuals; and 27 € for a team.

Only foreign participants can pay the entry-price before the beginning of the competition.

Liability: The organizer and all persons being involved in the organization don't take any liability for damages and injuries resulting out of the competition. The participation in these contests is at your own risk.

All participants are obliged to obey the instructions of committee and referees.

Referees: ÖKB-referees and referees from foreign associations.

Further information: www.karate-attergau.com , <mailto:office@karate-attergau.com>

hotel reservation :



<http://www.tiscover.at/st.georgen>

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With best regards

Austrian Karate Federation

Sportunion Upper Austrian:

For the organizing committee:

Präsident Ing.Karl Hillinger

Mag. Ewald Roth

Franz Schachl